



Healthy Brains for Babies

SELF PACED-ONLINE
.2 CEU/ 2 CHC

\$15 per person

Instructor: Karen Darby

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Let's start right now and build a Healthy Brain for Babies!

Can infants experience stress? How? Reducing stress, building relationships and opportunities for play are critical components in infant brain development. The first 3 years of life are crucial to brain development for infants and toddlers. Providing experiences and opportunities for safe exploration are exciting and essential for healthy brain development. Establishing relationships for secure attachment is another critical component of healthy brain development. Attend this learning event to be able to list at least 4 factors that may influence brain development, state the importance of forming attachments with infants and young children, and provide an example of play-based learning in an everyday activity. Content developed by Southwestern Child Development Commission.

Technology Required

Electronic device with internet connection

Electronic device with audio & ability to watch/listen to a video

Ability to enter a typed response

PDF reader

Ability to send/receive email.

Each participant must register with a unique email address.

Email addresses can not be shared.

This training is approved by NC Division of Child Development and Early Education.

Course Certificate

To earn the course certificate, participants must log in and work through course software using their own email address, respond to interactive questions in software, and pass a post knowledge assessment with a score of 90% or higher with unlimited attempts allowed. The instructor has no proprietary interest in the design, development, or marketing of this learning event.

Register at:

<http://www.swcdcinc.org>



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